



# THC is CHANGING

## Know the risks.

**THC is the part of the cannabis plant that makes the user feel “high.”**

### Types of THC:

- **Delta 9** is a type of THC found in marijuana that has strong effects and causes the “high” that many people connect to marijuana.
- **Novel (new and emerging) THC:** Types of THC made from hemp plants. Manufacturers take the non-active cannabinoids (chemicals) from hemp, such as CBD, and change them to novel THC's, such as Delta 8 THC, Delta 10 THC, and others. Some THC products changed from hemp-based CBD are human-made and not found naturally. These THC's come in many different strengths and can cause the “high” people are familiar with. It's important to note these products are not currently monitored through the Food and Drug Administration (FDA) so we can never be sure of what is truly in these products.



**Start the conversation –  
Talk to your kids about being THC free.**  
[www.dhs.wisconsin.gov/real-talks/index.htm](http://www.dhs.wisconsin.gov/real-talks/index.htm)



Marshfield Clinic  
Health System





# THC is CHANGING

***Parents, get the facts.***

**THC is the ingredient of the cannabis plant that makes the user feel "high."**

Delta 9 and Novel (new and emerging) are types of THC. They can be smoked or inhaled through joints, blunts, bong, or vape pens.

Any item that has THC in it may show up on a drug test, even the delta items. A drug test with any THC on it could force you to take a break from clubs, sports, and/or school. The best way to avoid that is to be THC free!



**Start the conversation –  
Talk to your kids about being THC free.**  
[www.dhs.wisconsin.gov/real-talks/index.htm](http://www.dhs.wisconsin.gov/real-talks/index.htm)

