



# THC is CHANGING

***Parents, get the facts.***

**THC is the ingredient of the cannabis plant that makes the user feel "high."**

Delta 9 and Novel (new and emerging) are types of THC. They can be smoked or inhaled through joints, blunts, bongos, or vape pens.

Any item that has THC in it may show up on a drug test, even the delta items. A drug test with any THC on it could force you to take a break from clubs, sports, and/or school. The best way to avoid that is to be THC free!



**Start the conversation –  
Talk to your kids about being THC free.**  
[www.dhs.wisconsin.gov/real-talks/index.htm](http://www.dhs.wisconsin.gov/real-talks/index.htm)



Marshfield Clinic  
Health System

